



## PV United Recreational Soccer 5 v 5 Rules (Club - Modified Rules) Referees are assigned to U10 GAMES

**Referees** - We will make every effort to assign a referee to games. In the event a referee DOES NOT SHOW, each coach will referee one half of the game

### **Parents and Coaches:**

We hope you are looking forward to the first game of the season! The objective is to have fun and get as many chances to play with their ball as much possible.

Please take a moment to review our Modified Rules for 5v5 so you can support the Coaches and Players.

### **PREPARATION:**

Teams should arrive at least 10 minutes before game time. The referee will check equipment for safety. Shoes should be soccer cleats, turf shoes, or tennis shoes. No earrings or hard hair barrettes. Teams switch sides at half-time.  
START GAME PROMPTLY

### **THE GAME:**

- Number of Players – 5v5 (4 plus the goalkeeper)
- Ball Size - # 4
- Length of Game - two 25 minute halves. 5 minute halftime.
- Substitutions - "Flying substitution" (all players but the goalkeeper enter and leave as they please; goalkeeper substitutions can only be made when the ball is out of play and with a referee's consent)

### **RULES:**

- NO INTENTIONAL HEADERS, if in the opinion of the referee the player intentionally headed the ball an Indirect free kick will be awarded at the spot of the foul
- No slide tackling, pushing, or tripping shall be treated as dangerous play. Stop play, explain the foul, and award free kick where the foul occurred, but no closer than the goal box line..
- All Free Kicks are INDIRECT kicks
- Penalty Kicks - NO Penalty Kicks – if it is in the box, remove ball to nearest point on penalty box line parallel to goal line.
- Goal kick: can be taken from anywhere in the goal box
- Goalie may NOT DROP-KICK the ball
- Corner kick: any offensive player from anywhere inside the corner arc. At any kick, the players must be at least 6 yards away.
- Throw-ins - Conforms to the laws of the game. Leniency recommended for first 2 games of the season.
- Off-side - There is NO offside in 5v5
- Stop play for injuries with the clock running. Restart play with a drop ball (a ball dropped from waist high; it must touch the ground before players can kick it!) from where the ball was when the whistle blew.
- Coaches and players should, at all times, be on the opposite side of the field as the parents and spectators.
- Coaches, parents and spectators are not permitted near the goals.

### **COACHES' RESPONSIBILITIES:**

- Remember that this is Recreational and NOT Competitive
- Play all players equally and require that parents maintain a pleasant atmosphere.
- Create a positive experience of team sports for all players and families "Participation" not "Wins".

### **End of Game:**

- Help players maintain good sportsmanship
- Please shake hands with referees and the other team
- PLEASE PACK TRASH OUT